

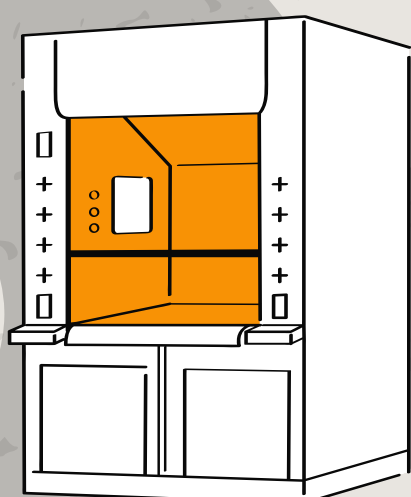
5 TIPS

TOP FIVE TIPS FOR LABORATORY SUSTAINABILITY

**1**

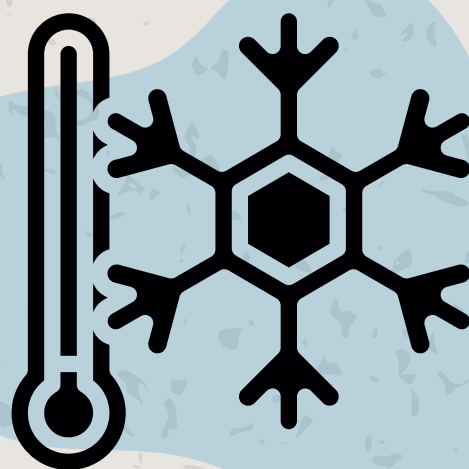
SHUT THE SASH

Shut the fume cabinet sashes **when not in use.**

**2**

CHILL UP FROM - 80C TO - 70C

Chill up where possible, check with all PIs as needed, before taking action.

**3**

REDUCE THE SINGLE USE PLASTICS.

Find out about supplier take back programmes for your unit.

Investigate whether you can use glassware instead of plasticware.

REDUCE PLASTIC

**4**

TURN IT OFF WHEN NOT IN USE.

Do an equipment audit in your laboratory and use the timer in the kit to shut off equipment when not needed. Turn off/on stickers are provided.

**ON****OFF****5**

MANAGE YOUR WASTE CORRECTLY

Learn about the waste streams in your laboratory, inform others in the lab of proper waste separation and management.



Interested in improving the sustainability of your laboratory work?

Register to receive a FREE lab sustainability kit.



Email greenlabs@ucd.ie with SUSTAINABILITY KIT in the subject line. 1st Preference given to CHAS Researchers as funded by CHAS sustainability seed funding via [UCD.ie/chas/research/chaspilotsrigrp](https://ucd.ie/chas/research/chaspilotsrigrp)